



## Green Mountain Adaptive Sports - Summer News and Updates

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### Everything is in Full Swing!

We hope that you're enjoying your summer as much as we are! Our Adaptive Sports Programs and events are going strong, and we are so excited to see so many people being active and participating in adaptive sports this summer.

We wanted to touch base and bring you up to speed with all that is happenings, and make sure that you did not miss your chance at joining GMAS this summer. Read about our adaptive mountain bike weekend, our new P2P Mentorship program, the Heady Trotter, Trapp Cabin Trail races, and much more in this newsletter.

**We thanks for being a friend, and an important member of our community.**

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### GMAS Family Celebration was a Blast

We all had so much fun getting together at the GMAS Family Celebration this past June 29! So many smiles, connections and networking, and of course, plenty of great food, games and laughs. We plan to make this an annual event, and hope you can join us next year on Sunday, June 28. Save the date!

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# Recent News and Updates

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## Last Chance to Ride with Us!

We are near maximum capacity for the Stowe Adaptive Mountain Bike Weekend this Aug 22-24. This year, we are partnering with The Kelly Brush Foundation, New England Disabled Sports and Adaptive Sports Partners for this amazing 2-day event. We still have a couple of extra adaptive bikes available if needed, and also need a few solid volunteers to ride with the groups. Sign up, you will enjoy this ride!

[Read More](#)



## GMAS Kim Bean Earns Coach Certification

We are beyond proud of GMAS Board member and avid mountain biker Kim Bean for recently earning her BICP Level 1 Adaptive Mountain Bike Fundamental Skill Instructor certification. Kim will be one of the lead riders along with Kerry Hussey (ASP) and Geoff Krill (NEDS) at the Stowe aMTB Weekend on Aug 22-24.

[Read More](#)



## Need Help with Social Media

Do you have skills with social media and interested in joining us for the Adaptive Bike Weekend on Aug 23-24? We are looking for someone to capture the essence of the weekend, create reels, social media posts, videos, etc. This could be a great project for school, and a fun way to volunteer for GMAS!

[Contact us](#)



## Adaptive Kayaking as a Family

Geoffrey George has had the most successful experience kayaking in the GMAS adaptive program. His mom Elizabeth shares how the experience really opened up a whole new world of possibilities for him and his family to enjoy the outdoors safely and with joy.

[Enjoy the Blog](#)



## Skateboard with GMAS at Talent Skatepark

Enjoy the thrills of skateboarding with GMAS! We have teamed up with Talent Skatepark in Burlington, and are now accepting applications for the first round of weekly sessions. The sessions will run on Sundays from Oct 19 to Nov 16, 11am-12pm, and be limited to 5 athletes per session. Read more and secure your spot by applying today!

[Read More](#)



## Participate in the Heady Trotter on Sunday, Oct 19

The 4-mile run around the Alchemist Brewery in Stowe is an experience like no other for the 1,000 runners and volunteers involved. The fun event is also a HUGE fundraiser for GMAS. Consider running with friends and family, or volunteering for a shift. All donations are matched up to \$20,000 by the Vermont Community Foundation. Adaptive athletes, don't wait until the last minute, contact us asap to get a code to participate, and to secure equipment. Get involved!

[Read More](#)



## GMAS Sponsors Adaptive Rock Climbing Clinics at Petra Cliffs

We looove working with Petra Cliffs in Burlington and we are always in awe at their devotion to creating space for all members of our community to rock climb at the facility. The next GMAS sponsored Adaptive Rock Climbing session will be on Sunday, August 10, 4-6pm, contact Neive to sign up.

[Contact Neive](#)



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## Ski Instructors Needed

Our TetraSki and SnowKart Program is growing, and so is our need for more coaches. Candidates need to be solid skiers with experience in tethering, and available one weekday a week all winter to teach at Stowe Mountain Resort. This paid position also includes a 3 consecutive day training early December and a local ski pass. Contact Cathy Webster for more info and to apply.

[Contact us](#)



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## P2P Mentorship Program

Have you, or someone you know, recently experienced a life changing event that has left you with a disability, and are now uncertain where to start to rebuild and reconnect with your community? The GMAS Peer to Peer (P2P) Mentorship Program offers personalized one-on-one support and resources for people navigating the change and the transition to an altered lifestyle. Contact us to get going and see how sports can help you gain independence and overall well-being.

[Read More](#)



## Ride Fast Cars on the NH Speedway, Oct 2-5

Do you have a need for speed? GMAS Board member John Chudzik is a driving instructor in his down time, and will be driving fast cars on Oct 2-5 at the NH Speedway. Come and ride along in the passenger seat in a Super Car on the NHMS road course. These souped up street cars come with normal seats and DOT 3 point seat belts. This is an experience like no other, are you ready for this?

[Contact John](#)



## Stowe Monoski Camp is Jan 11- 12, 2026

It is official, we have secured the date (and parking!) for the Annual Stowe Monoski Camp at Stowe Mountain Resort. Save the date, Sunday, Jan 11 for all levels, and Monday, Jan 12 as an additional day for experts monoskiers. Registration will open later this fall. Sponsors welcome.

[Read More](#)



## Trapp Cabin Races Sept 21

Join us for the 15th Edition of the Trapp Cabin Trails races held annually at the beautiful von Trapp Family Outdoor Center in Stowe, Vt. This perennial favorite is a great opportunity to try out trail running, to look for your personal best, or put the pedal down and go for the gold. Sign up for a 5k, 10k, or a half marathon. Volunteers are also welcome.

[Read More](#)



## Water Safety Tool Kit

Our friends at Swim Angel Fish, global leaders in adaptive aquatics, have developed a comprehensive water safety tool kit which we believe offers valuable practical strategies for all involved in adaptive swimming. Every child, regardless of ability, deserves protection in and around water. These specialized practices help prevent accidents and promote inclusion.

[Read More](#)



## #haveADay on August 1st

Rally up some friends and plan some fun activities on "haveADay," an International Adaptive Activity Day created by the Kelly Brush Foundation (KBF) and its partners to promote adaptive sports and outdoor recreation for people of all abilities. It takes place on August 1st each year. The goal is to encourage everyone to get outside and be active in a way that works for them.

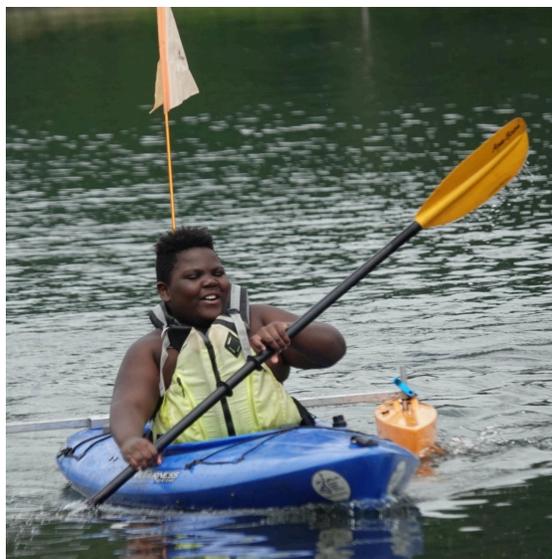
[Read More](#)



## It's always a good time to donate to GMAS

GMAS is 100% volunteer run and dependent on the generosity of our community. We thank you for being a participant, a friend, a volunteer, someone who believes in what we do and the lives we change through the power of sports. Please consider making a donation to help us continue to serve our community.

[Make a Donation](#)



## Our Valuable Sponsors



[Green Mountain Adaptive Sports](#) | EIN #27-4015887 | [info@greenmtnadaptive.org](mailto:info@greenmtnadaptive.org)

Green Mountain Adaptive Sports | PO Box 473 | Hyde Park, VT 05655 US

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