

GMAS Newsletter, May 2025

Spring Time Fun, Events and Celebrations

Hello Pascale.

We are gearing up for summer, and have so much great things in store! We hope you'll join us for a fun GMAS Celebration on June 29th, sign up to kayak at the Waterbury Reservoir, and support GMAS athlete Dan Greenleaf who is launching his first album!

Read more about the Adaptive Mountain Bike Weekend, ordering your new bike jersey, Cathy Webster's paddling journey on Lake Champlain, our NEW P2P Mentorship Program, and more!

We always **welcome your donation** to support our adaptive sport programs, and **thank you for being such an important and valuable part of our CommUNITY!**

The GMAS Team



Celebrate with GMAS on June 29th

Athletes, coaches, volunteers, board members, friends and families, please join us at a fun get together on **Sunday**, **June 29, 12-2pm** at Hope Davey Park in Waterbury Center. There will be a cookout and tons of fun lawn games. Come mingle and celebrate with all of us!

Read all the details



Dan Greenleaf Releases Jazz Album

Dan and his twin brother Jackson have been skiing in the GMAS Adaptive Program for close to 15 years. Dan is a composer and guitarist, and recently released his first album, *Live at Ford Hall*. His music is sensational, and he is generously donating 50% of the proceeds from the sale of his album on Bandcamp to GMAS. We are so proud of Dan! Read our interview with this awesome young man, and get the album today.



Order your NEW GMAS Bike Jerseys

We have a new design for the 2025 GMAS road, and mountain bike jerseys, and you will love the new colors and awesome fit. Sincere thanks to our valued sponsors for making this project possible. Order your own jersey today - and get an extra one for a loved one. The deadline to order is June 15th for a mid-August delivery.

Order your jerseys



Stowe aMTB weekend is filing up!

We are always so excited for this annual event! This year, we welcome The Kelly Brush Foundation, Adaptive Sports Partners and New England Disabled Sports as our valued partners. We will ride single track at Cady Hill, and participate in the Race the Top of Vermont. There are a few spots left, and we still need volunteers. Plan on riding with us in Stowe on August 23-24. Sign up asap!

Read more



Skateboard Training a Huge Success

GMAS and Talent Skatepark in Burlington partnered to host a training for future adaptive skateboard coaches (skoaches) on May 17-18. The event was a blast and a huge success for all 12 participating coaches, and 7 athletes. Stay tuned, we are just about ready to launch the Skateboard Program!

Read the recap



NEW! P2P Mentorship Program

Starting June 1st, we will offer a Peer to Peer Mentorship program to support people who have experienced a life changing event, medical incident or accident. Amy MacDonald, our volunteer coordinator is excited to connect with people and help them figure out available resources. Reach out for more information, and share this with people who may need an extra hand managing their new normal.

Read about the program



Sign up to Kayak with GMAS

Kayaking is one of our most popular summer programs, and we have a few spaces still available for this summer. We paddle at the Waterbury Reservoir on Wednesdays, but other options are also available. Vermont residents can sign up to receive a scholarship to paddle with us weekly.

Register



Dan Greenleaf LIVE @ Stowe Cider TODAY

Join the GMAS team at Stowe Cider on **Friday**, **May 23**, **5-8pm** for a live performance from Dan Greenleaf. Dan and his band will play music from their newly released album. Did we mention that it is sensational? Come and support this amazing young man, and our friends at Stowe Cider too!

Get the details



Cathy Webster is Paddling 120 miles!

Our friend and partner Cathy Webster - who also runs the GMAS Kayaking Program and the Stowe TetraSki Program for GMAS/NDAA just started a 120-mile paddle along the entire length of Lake Champlain to raise money for the NDAA Kayaking Program. Follow her journey, and support her by making a donation if you can. She is the BEST!

Donate



Trail Accessibility Survey

The Vermont Trail and Greenway Council (VTGC) is working at improving access to trails for adaptive cyclists, hikers, walkers, and paddlers. They need input from anyone with a disability or mobility challenge who may have interest in trail-based activities, whether or not they have done so before. Please help the cause by taking the **survey by May 23rd!**

Take the survey



We came up a little short of our \$20K fundraising goal this spring, but we are stoked for the \$14,000 that YOU donated to our program. We have big meaningful plans including coaches trainings for this money, and thank you so much for keeping GMAS in mind when donating through your DAFs, or with a simple donation. SO GRATEFUL!

Not too late to DONATE!

Thanks to our Generous Sponsors









































Green Mountain Adaptive Sports | PO Box 473 | Hyde Park, VT 05655 US

<u>Unsubscribe</u> | <u>Update Profile</u> | <u>Constant Contact Data Notice</u>



Try email & social marketing for free!