



## Green Mountain Adaptive Sports - Spring 2025

Hi Pascale,

We are excited to share some incredible wins and achievements from the past months, and equally as stoked to bring you news and important announcements for the months to come. Please get involved with GMAS, as a participant, a donor, or a volunteer!



This is your **last chance to make a tax-deductible contribution to the GMAS Winter Challenge**. We hope that you can help us reach our fundraising goal, and help a neighbor, a friend, a community member gain access to adaptive sports in our community. Thanks for the constant and generous support, we are so grateful to our amazing commUNITY!

The GMAS Team

**Donate to the Winter Challenge  
Fundraiser**

## Latest Wins & Achievements



### It's not too late to DONATE!

Tom Hall skis 62 runs in one day and helps GMAS reach \$20,000 fundraising goal. We are not quite there yet, if you care about what we provide for our community, please donate by the end of April.

**Make a  
donation**



### Busiest Ski Season Yet!

It's been one very hectic season, and GMAS ends the ski season with BIG WINS, and incredible accomplishments. Read the full recap from our programs, events, and more!

**Winter recap**



### TetraSki Program

The introductory season of our latest program was a huge success. 23 athletes participated in 58 lessons over 33 days of skiing. Three of them attended the TetraSki Express Race in Utah!

**Read  
more**

# News & Announcements



## Register to Kayak with GMAS this Summer

Spring is officially here and it's time to register for the GMAS Kayaking Program! We paddle weekly at the Waterbury Reservoir on Wednesdays, 10-2 pm, and welcome new and seasoned adaptive kayakers of all ability levels. We are also looking for volunteers if you'd like to get involved in this great activity. Act today, space is limited.

[Sign up!](#)



## GMAS Family Get Together Party is Sunday, June 29

**SAVE THE DATE!** We are in the process of planning a GMAS get together lunch party on Sunday, June 29th in the pavilion at the Hope-Davey Field in Waterbury. The facility, and the parking are accessible. Our hope is to provide families, coaches, friends, and volunteers with an opportunity to get together. Plan on joining us for a couple hours of games, good food, and networking! Save the date, we will be emailing everyone more information as soon as the plans firm up!



## Purchase Heavily Discounted Lift Tickets for Stowe

We have a handful of lift tickets left over and are asking \$50 per ticket. Conditions are still amazing at the Stowe, hope you get to enjoy a few last turns. Contact us if you're interested in purchasing a ticket or two before the lifts stop spinning! Your contribution will be added to our Winter Challenge Fundraiser.





## Try Something NEW! Apply for a Scholarship today

This is a good time to make summer plans, and to apply to receive a scholarship to participate in GMAS's summer programs. We presently are accepting applications from Vermont residents to swim, kayak, and rock climb. The NEW Skateboard Program kicks off in the Fall of 2025. Check out all our options, and challenge yourself to trying something new! Space is limited, act today.

[More Info](#)

## Stowe Adaptive Mountain Bike Weekend - August 22-24

We are hosting a collaborative weekend of aMTB in Stowe again this year. The two-day event includes a trail day at Cady Hill, and participation in the Race to the Top of Vermont. Save the date, and share the word! We are presently lining up partner and sponsors, [let us know](#) if you'd like to get involved.

[More Info](#)

## GMAS Sponsors Skateboard Clinic for Future Coaches

GMAS will offer an Adaptive Skateboard Program starting in the Fall of 2025! In the meantime, we are sponsoring an Adaptive Skateboard Coaches (Skoaches) Training at Talent on May 17-18 for trainees 16 years old and over interested in become a coach. No need to be a pro, get



involved and just sign up!

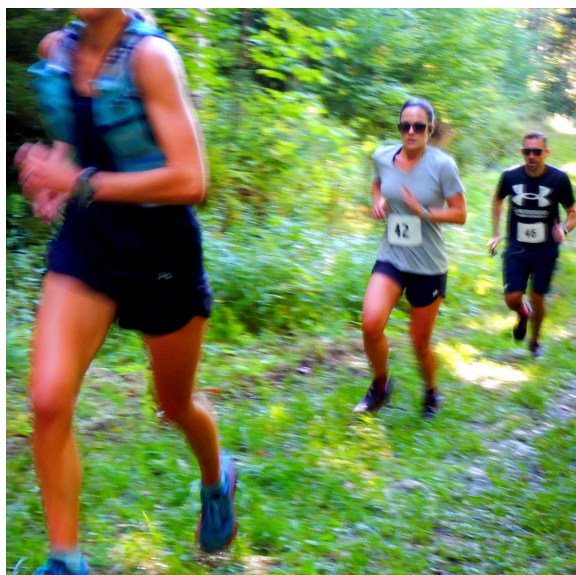
[Read the details](#)



## Coaches's Training Grants at Core of our Mission

A very important part of GMAS's mission is to provide grants to coaches and instructors so that they can further their educational training, skills and accreditations in those adaptive sports. This year's [Winter Challenge Fundraiser](#) will help us continue to support trainings so that our coaches can provide the best, safest and most reliable experience to our athletes.

[Read Blog](#)



## Run in the Trapp Cabin Trail Race - Sept 21

Rally up friends and family, set a goal, and come race a 5km, 10km, or half marathon with us. There is no other course like it in Vermont, and no better time to run and enjoy the foliage! Plus, it is a very important GMAS fundraiser!

[Sign up](#)

[EDD Walk and Roll Fundraiser is April 27th](#)





Whether you're a seasoned athlete or just getting started, the Dream Big 5K: Run, Walk, Roll is a race for everyone —of all ages and abilities. Join our friends at EDD at their super fun event and fundraiser in Essex, Vt.

[Sign up](#)

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## Supporting GMAS is Supporting your LOCAL Community

Green Mountain Adaptive Sports is a Vermont-based non-profit founded in 2010 on the belief that access to sports and recreational programs is a powerful means for people with disabilities to develop independence as well as physical and mental well-being. We focus on getting people out and having fun. We value the effect our programs have on entire families. Thank you for helping us creating sports opportunities for people of ALL abilities.

[2023 Impact Report](#)



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## Thank you to our Valuable Sponsors



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